

Psychological part.

Updated bomb shelter.

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Psychology of performance

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Good afternoon, colleagues! My name is Anna Podshivalova. I study psychology. Today I will tell you about the psychological significance of updated bomb shelters.

We live in a world where very often happens something bad. Since the wars of the 20th century, people have invented a bomb shelter. These are small rooms designed for a certain number of people.

Nowadays, it is possible to create bomb shelters that can provide not only physical, but also psychological protection.

First, using modern technology, you can build bomb shelters, in which each person will have their own place. It is best to have a private room. I think that in the conditions of quarantine, many people began to understand how important it is to have personal space. Spending time with your family is great, but you quickly want to be alone with your thoughts and yourself.

Second, another important update would be the ability to visit other people in quarantine. A person is primarily a social being, so the need for communication is one of the basic ones. At some point, the conversation topics may run out and the ability to communicate with someone new will be very useful.

Third, each bomb shelter could be equipped with an artificial intelligence that has knowledge of various Sciences, including psychology. Staying in a bomb shelter is usually caused by a dangerous situation, which is dangerous for the psyche. As well as the closed space, the unknown and possible quarrels with loved ones.

Thus, it becomes obvious that the updated bomb shelter will protect people not only physically, but also psychologically.